

GOING BEYOND

MY JOURNEY

Lise Meloche

BIATHLON-X-COUNTRY SKIING & KAYAKING

CAREER HIGHLIGHTS

200	World Cup Nordic Ski races 1983-1995
21	top-ten World Cup finishes
10	years on the Canadian National Biathlon Team
9	National Championship titles
7	World Cup Medals
6	Ski Films
3 rd	3 rd place overall ranking placing on the World Cup circuit in 1986
2	Olympics 1992, 1994
1	World Cup gold medal 1991

RACE HIGHLIGHTS

- 1979 Jr National Ladies Kayak Champion K2
- 1984 Canadian biathlon champion
- 1984 Gold NORAM
- 1985 Bronze World Cup Biathlon
- 1986 Silver medal World Cup Biathlon
- 1986 3rd World Cup Biathlon overall ranking
- 1988 Silver World Military Skiing Championship
- 1991 World Cup gold medal biathlon
- 1992 Olympics Alberville, France
- 1993 Bronze World Military Championship
- 1994 Olympics Lillehammer, Norway
- 1995 Gold Winterman Triathlon
- 1998 Silver World Masters Cross Country Ski Championships
- 1999 Silver keskinada World Loppet